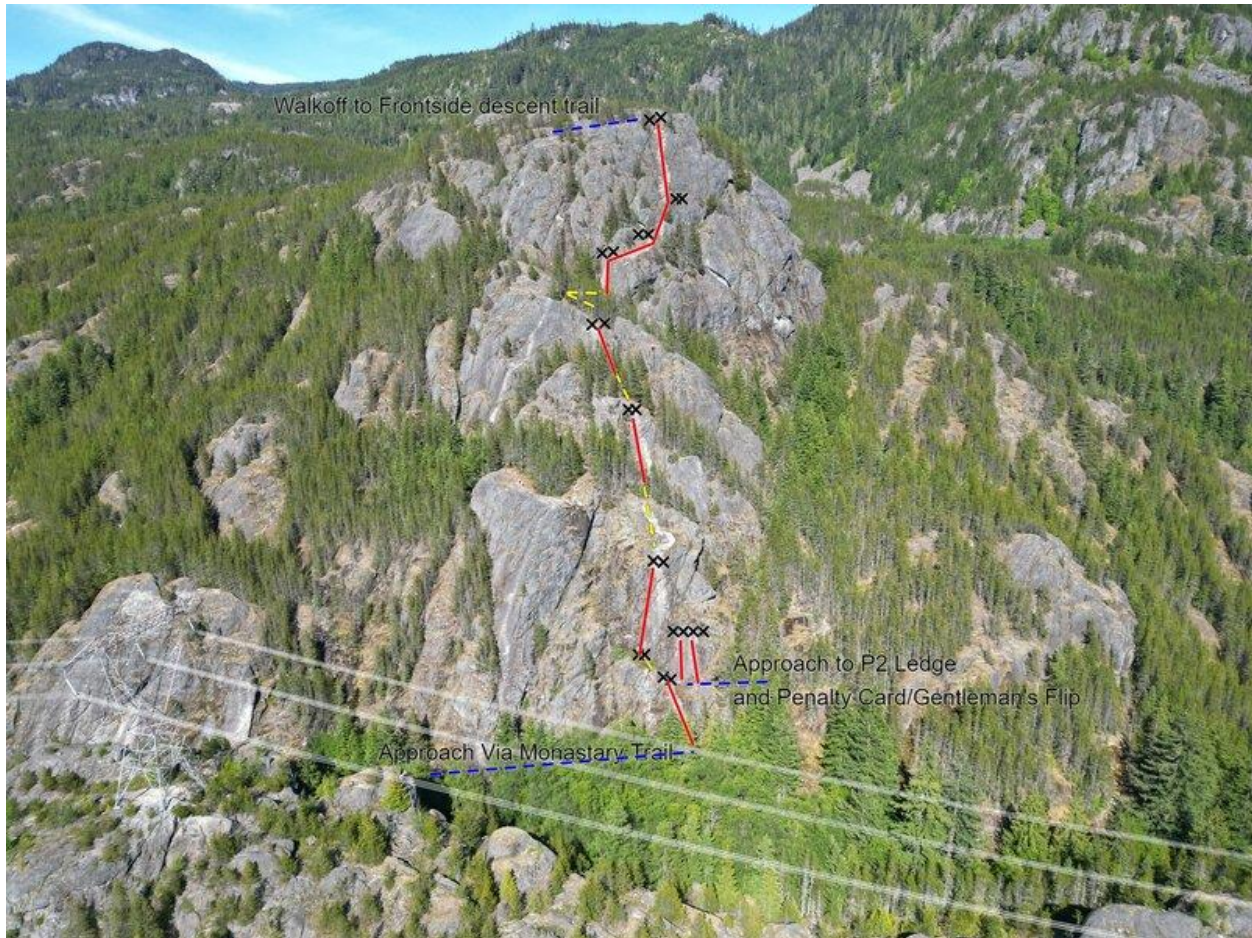


How did I Get Here?

(This is not my beautiful house?, This is not my beautiful wife?, Where is that large automobile?)



One long new moderate sport multipitch, and two short single pitch sport routes have been added to Mount Chek.



Topo of routes

How did I get here? (This is not my beautiful house?, This is not my beautiful wife?, Where is that large automobile?): 5.9, 8 pitches

FA: (Maltman, Somji et al., 2024)

This new route follows a series of buttresses roughly parallel to Frontside 180 from the bottom of Mt Chek to the top. The route is well bolted, but still offers an adventurous feel.

Getting there: Follow the monastery trail downhill from Frontside 180 for 2 minutes, before the trail starts heading uphill again. The first pitch starts right of the trail and should be obvious. For access to the pitch 2 anchor, Penalty Card and Gentleman's Flip, continue uphill for another minute or two before cutting left to the obvious large ledge.

Pitch 1: 5.6 Pleasant slab climbing leads an interesting move surmounting the hollow dagger, ramble up more slab to a two bolt belay on the ledge shared with Penalty Card and Gentleman's Flip. Belay here and make a belay move to the Pitch 2 anchors, or rip up the handline to the anchors and belay from there.

Pitch 2: 5.9 The crux of the route. Thoughtful slab climbing leads to a tenuous step right, then easier ground. The headwall, though intimidating from below, provides little resistance. Make a belay move, and hike up the obvious slab and into the woods to the base of Pitch 3.

Pitch 3: 5.7 Edgy slab climbing leads to a fun move surmounting the headwall. A short belay move leads to the base of pitch 4.

Pitch 4: 5.6 Pleasant easy slab climbing. From the anchors here, make a belay move to the upper section of the route. Follow the flagged trail uphill, and then take a handline down to a gulley with an obvious trail right to pitch 5.

Pitch 5: 5.4 Easy climbing up an arete leads to a spacious ledge belay. This pitch and pitch 6 can be linked if desired.

Pitch 6: 5.7 Traverse hard right with the crux move right off the belay. Large feet make most of this pitch feel quite easy.

Pitch 7: 5.8 Strenuous moves up a dihedral lead to a small ledge, from here use tree stems and a large jug flake to surmount a small vertical wall. This pitch and pitch 8 can be linked with a 60m rope.

Pitch 8: 5.4 A long pitch of easy glory rambling leads to the summit. Enjoy the beautiful views and wild atmosphere

Getting down: Follow the flagged trail from the summit belay to an intersection with the Frontside 180/summit trail. Take a left, and follow the Frontside 180 trail down. Walkoff options exist at the top of pitch 1, 2 and 4 if you wish to bail.

Maltman, James C., Ethan Somji, Jacob Aragones, Seton Kriese, Bella Ledrew Guthrie, and Settare Shariati. "How Did I Get Here?(This Is Not My Beautiful House, This Is Not My Beautiful Wife, Where Is That Large Automobile?)." Mount Chek, 2024 <https://doi.org/10.1136/bmj.k5094>

Two newly bolted single pitch routes are also located on the slab above the pitch 2 ledge. They can be accessed either by walking in from the monastery trail on climbers left, or from the pitch 1 top anchors (not recommended). Both offer interesting friction slab climbing.

Penalty Card: 5.9 1 pitch

FA: James Maltman, Jacob Aragones, Kai Schwartz

The climb on the left side of the slab requires thoughtful friction moves surmounting a small overlap.

Gentleman's flip: 5.8 1 pitch

FA: Jacob Aragones, Kai Schwartz

The route on the right side of the slab. This slab offers larger feet, and slightly easier climbing compared to the route on the left,