

THE GYM

14 routes

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The Gym is a small area of interesting crags with routes that tend to be short, powerful affairs. If you like climbs that test your bouldering fortitude more than your ability to hang on, this area is for you.

Conditions: Many of the crags in this area receive midday sun. It's a poor choice on a hot summer day.

Approach: Park at the base of Conroy Forest Road and walk 75 metres up the road to a couple of small pullouts. About 15 metres beyond, on the left side of the road, is a faint trail. It winds uphill over benches before traversing across an open terrace to the first short climb, *Whiplash*.

The Gym



Routes are listed as you find them when approaching from the parking area.

1 Whiplash 5.12a ★

This amazingly short climb has a bouldery sequence getting past the first bolt to a fin. Crash pads anyone?

4 bolts (5 m) FA Tyrone Brett, 1996.

2 Dog Day Afternoon 5.12a ★★★

Tackle the blunt arête on the left side of the south-facing Dog Wall. Bouldery finish.

5 bolts (8 m) FA Tyrone Brett, 1996.

3 Spayed Alive 5.11c ★★★

Climb to the third bolt on good incuts. Detour right past the fourth bolt and move left to finish. This climb is 5.12a if you stick to the bolt line.

5 bolts (8 m) FA Marc Bourdon, 1998.

4 Bulldog 5.10d ★★

Short and sustained on flat holds. Nice rock!

3 bolts (5 m) FA Tyrone Brett, 1996.

5 Furrari 5.12a ★★

Another shorty with a powerful crux at the third bolt. A "Furrari" is a brand of pet carrier.

4 bolts (5 m) FA Marc Bourdon, 1998.

6 Skin and Bones 5.10c ★

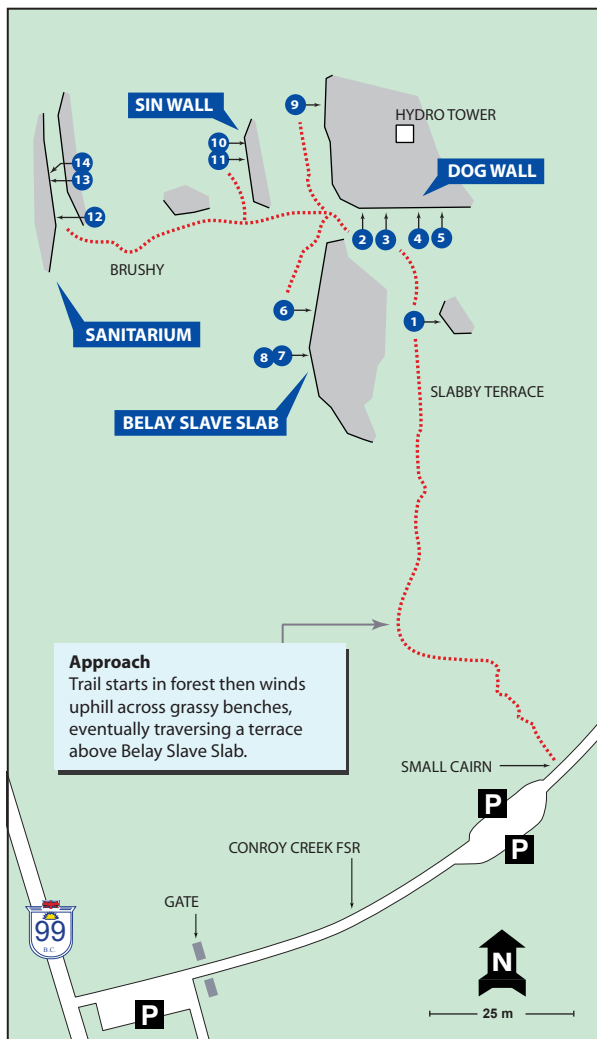
This awkward route climbs leftward into a seam.

3 bolts (5 m) FA Tyrone Brett, 1996.

7 El Gordo 5.9 ★★

Share the first bolt of *Belay Slave* then branch left.

3 bolts (5 m) FA Tyrone Brett, 1996.



8 Belay Slave 5.6 ★★

Nice moderate face climbing ends at rappel hangers.
3 bolts (5 m) FA Tyrone Brett, 1996.

**9 Dr. Tongue 5.11b ★★**

This lone route is located on a terrace around from the Dog Wall. It climbs a smooth, vertical face and features a tricky start followed by a long pull on a small crimp.
4 bolts (8 m) FA Tyrone Brett, 1996.

**10 Sinfest 5.12a ★★★**

A bouldery start leads to interesting climbing on small, rough edges. Surf through wave like-features.
4 bolts (10 m) FA Tyrone Brett, 1996.

**11 Seven 5.12b ★★**

Similar to *Sinfest* but with a harder boulder problem.
6 bolts (10 m) FA Marc Bourdon, 1998.

**12 Power Slave 5.12d ★★★★★**

This route is in a small gully and features intense, continuous climbing up a steep face. The technical crux comes at the top, just after you've discovered the pump.
6 bolts (10 m) FA Tyrone Brett, 1996.

**13 Brain Scan 5.11b ★★**

A tough start is followed by big spans. A cruxy finish on a small crimp concludes this short but continuous route.
4 bolts (7 m) FA Tyrone Brett, 1996.

**14 Warm-up 5.10a ★★**

A tricky start leads to bigger edges.
3 bolts (7 m) FA Tyrone Brett, 1996.

**WHIPLASH****BULLDOG****THE GYM OVERVIEW**